



LEADERSHIP

DEVELOPMENT INTENSIVE

Created by Dr John J. Scherer

BAVARIAN ALPS or ONLINE
(depending on COVID restrictions)

Facilitators:
Günter Westphal & Julia Bayer
Natalie Sennes & Juli Stratmann



You don't need to **change** yourself.
You need to **come home** to yourself.
That changes everything.

WITH THIS SIMPLE SENTENCE,
JOHN SCHERER REVOLUTIONIZED
LEADERSHIP DEVELOPMENT.



Take on the Five Questions and do the inner work of leadership development:

What CONFRONTS me?

What challenging and difficult situations do I need to face? In the LDI we call them 'tigers'.

What am I BRINGING?

What is my history with similar situations, what are my expectations, my hopes and fears, my predictions?

What RUNS me?

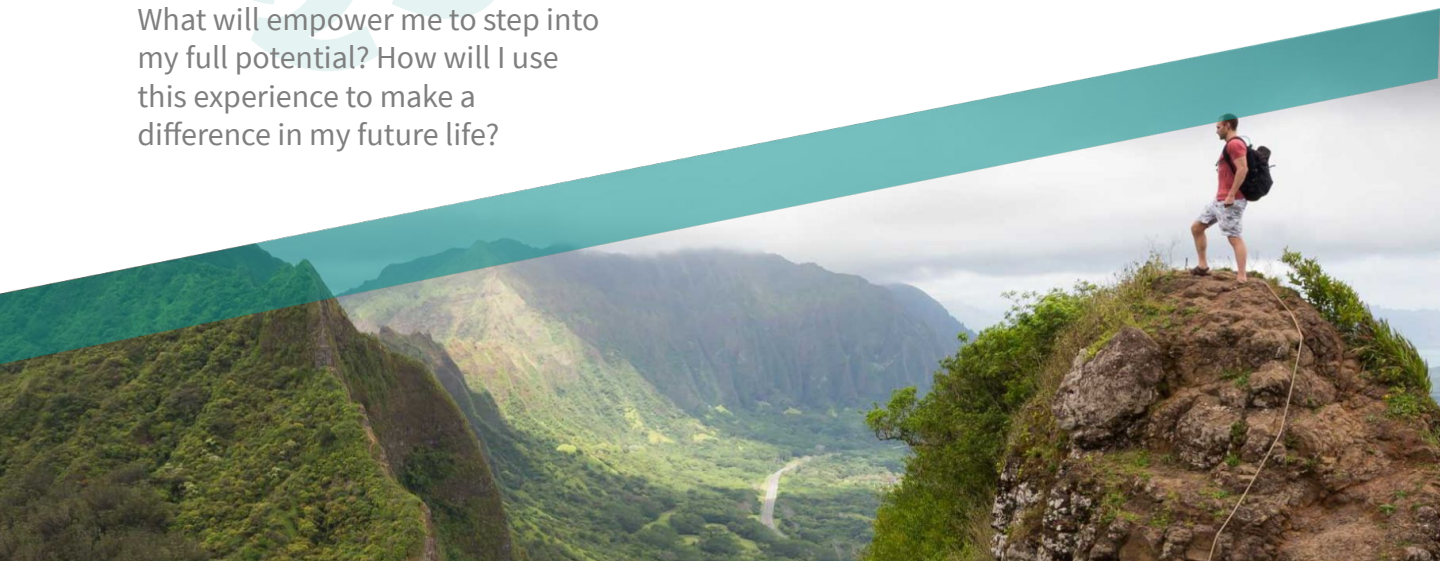
What is my 'default' way of handling things like this? How am I on 'automatic' without realizing it, and how does that impact my effectiveness? How am I limiting my options?

What CALLS me?

What 'inside' strengths and capabilities call out to be expressed more fully in my life and work? What kind of 'outside' situations call for my attention?

What will UNLEASH me?

What will empower me to step into my full potential? How will I use this experience to make a difference in my future life?





LDI is NOT Leadership Training, it is Leadership **DEVELOPMENT**. LDI helps you discover, unwrap, find your inner source of purpose, power and peace. Find out how your default reactions to difficult and challenging situations have been driving—and limiting—you.

Take a big step toward changing from an 'automatic' to an 'authentic' way of living— and dealing with confrontations of any kind. You are a leader **and** a human being.
Discover the **person** inside the **position**. Become the leader you are capable of being. The effects are transformational and lasting.

Work and life issues impact not just the mind, but the body and the spirit as well.

The LDI will speak to your mind, body and spirit. You will learn models and theories, like The Waterline, Three Worlds, TOV, Deep Listening, Persona&Shadow, Mindfulness, Well-Being, and many more. These powerful tools equip you to transform your workplace into a powerful vehicle for personal development.

Sessions are designed to challenge your way of thinking, to relax and strengthen your body, to expand the ways you manage yourself, thus maximizing your performance—and the performance of those around you. LDI builds on your strengths and helps you discover and use capabilities you may have not known you possessed, or ones you have been reluctant to use.

8 outcomes you can expect



Unhooking from counter-productive reactions and patterns



Being able to resolve un-resolvable conflicts



Knowing the difference between problems to be solved and polarities to be managed



Tuning into the deepest personal **source of power and strength**



Producing extraordinary results in the face of obstacles and resistance



Becoming a communicator who hears – and is heard – deeply



Turning work into a **powerful vehicle** for life-long personal and leadership development



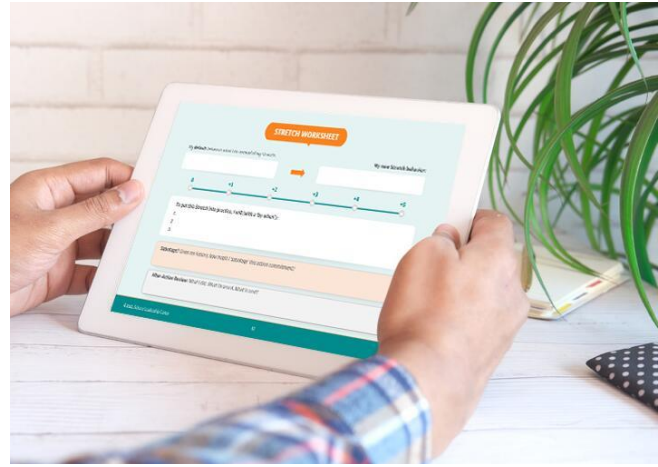
Working with a greater sense of **purpose, power and peace**

Steps of the LDI Process

1 Preparation

PRE-WORK – a 30-minute online EQ self-assessment to help set your development goals for the course.

PRE-CALL – a 60-minute online conversation with one of the facilitators, serving as an introduction to the program, its content and logistics.



2 Off-site / alternative Online

OFF-SITE RETREAT – 3,5-day facilitated individual and group development session with many experiential activities. Days start at 7:30 with gentle stretching, aikido, and mindfulness training, followed by morning and afternoon learning sessions.

ONLINE If Corona does not allow to meet in person it would be a 5-day / 6 hours online LDI.



3 Follow-through

POST-LDI GROUP CALLS – 90-minute group call to assist in 'facing tigers' and applying LDI learnings.

EMAILS – The 21-Days-To-Change-A-Habit post-LDI email program.

1-1 COACHING – Optional 1-1 coaching sessions are recommended.



To register please go to <https://movingmountains.eu/en/anmeldung/>
or contact us at guenter@movingmountains.eu





Daily Schedule Off-site and **online**

OFFSITE

DAY 1 - 12:00 PM - 7:00 PM

DAY 2 - 7:30 AM - 7:00 PM

DAY 3 - 7:30 AM - 7:00 PM

DAY 4 - 7:30 AM - 5:00 PM

ONLINE

DAY 1 - 12:30 PM - 6:30 PM

DAY 2 - 12:30 PM - 6:30 PM

DAY 3 - 12:30 PM - 6:30 PM

DAY 4 - 12:30 PM - 6:30 PM

DAY 5 - 12:30 PM - 6:30 PM

AVERAGE GROUP SIZE: 8-12 PARTICIPANTS

LANGUAGE: ENGLISH

Course Tuition

Private rate: **1.900 €** net (VAT Included)

Company rate: **2.850 €** total (plus the applicable VAT)

If you struggle with the price, we will find a solution together,
please contact us at: guenter@movingmountains.eu



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Venue

A hotel somewhere in the picturesque Bavarian Alps
and a perfect place to immerse yourself in a
self-development deep dive.

Alternatively ONLINE



Günter

Marko

Natalie

Juli

Julia

Dominik

Our Team at MovingMoutains



References



‘Do not take this course if you have any fears about examining who you are, or why you work, lead, live and breathe as you do now. **Take it as climbers and divers take the heights and depths.** Take it in order to know where it is possible to go.’

VIRGINIA ROBINSON, Toronto

‘(...) I recommend this program to all who feel a need to re-connect with themselves, especially for leaders who feel a need of redefining their understanding of leadership.’

ANNA OLCZYK-WALDOWSKA,
Leader of HR Business Partners Team
at PwC Poland

‘(...) I can guarantee, that you’ll be happy with it. It will stay with you after LDI. It will help you in further life and business navigation.’

WOJCIECH TOMCZAK,
Communications Director,
Unilever Poland and Baltics

‘Really intense and profitable! (...) I am thinking much more about the other side and the needs they might have before I communicate.’

THOMAS VALTL,
Director Credit Management, Germany

‘(...)What happened at the LDI started changing my life for good and there is no way back (...) Every Partner should go through the LDI.’

CONSULTING PARTNER,
PwC Central & Eastern Europe

‘Every single person in the world should do the LDI, because this is real education - heart education. That’s totally different to what is taught in our education institutes (schools, universities, training institutes). Imagine, if everyone is aware who he/she is and what he/she can bring into the world - I’m sure it would change everything.’

BARBARA WILLEITNER,
People & Organisational Development, Germany

‘The best training I have ever participated in my entire life. It’s way more than just a training. If you are open and allow people to get to know you it can change your entire life...’

PATRICK NOTZON, Germany





YOUR FACILITATORS

Natalie works as an agile coach and process facilitator on the future of work. She is currently developing new concepts & formats for collective leadership & new work with Leadership³. She accompanies teams on their own way to an even more people-oriented and effective collaboration, e.g. by implementing holacratic structures, removing hierarchies and empowering self-organization.

As CEO of MovingMountains she also coaches professionals as well as high performing teams on their way to explore and use their own potential, resolve conflicts and manage change – all this in motion and in nature.

Previously, she used to be an innovation architect, consulting clients (automotive, insurance, energy, tech) of German Entrepreneurship GmbH on innovation and corporate acceleration projects.



NATALIE SENNES

PROCESS FACILITATOR,
AGILE COACH

Natalie held a position as start-up coach at the Ludwigs-Maximilian University Entrepreneurship Center in Munich and developed entrepreneurial programs for young people with Telefónica and SwissEducare. Her experience is enriched by her own start-ups, work in management development, in-house consulting, start-up coaching and agile project management.

She loves the mountains and is therefore regularly out and about in the “Mountain Office” or hiking & coaching.



DR JULIA BAYER

BUSINESS COACH, FACILITATOR

Julia works as business coach and facilitator – with a passion for mountain hiking. Whenever possible she takes her clients outdoors, opening up a field of deep exploration and embracing the transformative power of nature.

With a PhD in social and cultural anthropology and as intercultural trainer she is skilled in anti-bias, diversity, communication and conflict resolution. She has worked in post-conflict regions such as Georgia, Kyrgyzstan and Kosovo training journalists and media professionals in conflict-sensitive reporting.

Years of personal development have taught her to trust her own gifts and passions as guiding principles to a fulfilled personal and work life. Since then she has left behind her academic career and has shifted to coaching and team development – supporting others in trusting their purpose and allowing themselves to embark on their very personal journey. She is co-founder of MovingMountains, certified systemic business coach, happiness teacher, nature coach and a dancer.



Juli is a process facilitator, Wander Coach and school developer, formerly a political scientist, working for equal opportunities in education. Prefers to work from the head to the gut.

Juli is pure energy. She brings you into contact with yourself, shadow parts included. She has the bigger goal in mind for you and your team: Connection, fulfilment and effectiveness as the basis for healthy business. From mindful self-contact, she initiates genuine encounter and creates doer energy in the team. Her enthusiasm is infectious. With her, we move sportingly towards the solution.

Reaching our highest potential - individually and collectively? She has been researching this for over 15 years in a variety of settings - from schools to large corporations. She is an expert in transformation and digitalisation in the non-profit sector. In her search for answers, she combines Western and Eastern wisdom. She is there when you have too much on your mind. With yoga and energy work, she supports you in feeling your body.



JULI STRATMANN

PROCESS FACILITATOR,
WANDER COACH

Günter works as a Executive Coach (AoEC) and since more than 27 years as a Consultant to many international operating groups within a wide range of industries. Günter has a finance and accounting background, working with one of the Big 4 consulting companies and over the last 10 years he was running a regional business unit in Poland. His analytical skills needed in his daily work, together with his professional experience in Coaching, Facilitation and Consulting served him as an ideal background to develop the skills applied in an LDI.

Günter has been on a transformation journey for many years, developing aspects of body mind and spirit, therefore he is able to speak from a deep experiential space. Empathy, listening, tuning in combined with an open mind and open heart allow him to connect in a unique way.

He is an enabler of change and his mission is to support people and organisations to (re-)connect and (re-)discover their purpose. Günter loves travelling and to get to know new cultures and whenever possible he combines his passion for nature with coaching in the mountains. He works internationally from his base of operations in Poland.



GÜNTER WESTPHAL

SENIOR CONSULTANT,
EXECUTIVE COACH